

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2018 - YOUNG FEMALE TEAM RESULTS													
Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
45	Anna Cairns	2	9.16	9.16	Grace MacDonald	1	9.21	18.37	Megan Keith	1	8.53	27.30	IHAAC
44	Zoe Sharpe	1	9.15	9.15	Kirsty Arnaud	2	9.55	19.10	Emily Andrew	2	9.15	28.25	IHAAC
43	Rosie Milligan	6	10.42	10.42	Rachel Ross	4	10.01	20.43	Alyth Gollan	3	9.18	30.01	ESAC
48	Nicole Taylor	4	10.14	10.14	Beth Urquhart	3	10.02	20.16	Hannah Stephen	4	11.16	31.32	MRR
50	Kyla Munro	5	10.34	10.34	Kirsty MacLean	6	11.16	21.50	Rachel Murray	5	10.03	31.53	SRAC
46	Isla Marwick	9	11.41	11.41	Ava Walsh	7	10.28	22.09	Eve Gardiner	6	10.02	32.11	IHAAC
47	Kirstin Burnett	3	10.00	10.00	Ruth Wilson	5	11.36	21.36	Ruby Soldan	7	10.39	32.15	IHAAC
49	Brooklyn Dunn	8	11.24	11.24	Morag Lynch	8	10.44	22.25	Morag Hickey	8	10.14	32.39	RCAC
64	Francesca Greenstock	7	11.07	11.07									SRAC - Incomplete T
65									Rachael Gillies		NT	NT	IHAAC - Incomplete T

YOUNG FEMALES

1	Inverness Harriers (Anna Cairns, Grace MacDonald, Megan Keith)	27.30
2	Inverness Harriers (Zoe Sharpe, Kirsty Arnaud, Emily Andrew)	28.25
3	East Sutherland (Rosie Milligan, Rachel Ross, Alyth Gollan)	30.01

Fastest laps:			
1	Megan Keith	IHAAC	8.53
2	Zoe Sharpe / Emily Andrew	IHAAC	9.15
3	Anna Cairns	IHAAC	9.16

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2018 - YOUNG MALE TEAM RESULTS													
Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
52	Jake Henderson	3	9.07	9.07	Euan Rollo	1	8.32	17.39	Luke Davidson	1	8.08	25.47	IHAAC
53	Sam Burnett	1	8.52	8.52	Duncan MacDonald	2	8.53	17.45	Angus Smith	2	8.31	26.16	IHAAC
58	Sam Coull	2	9.05	9.05	Fergus Whiteside	3	9.11	18.16	Danny McPake	3	8.32	26.48	RCAC
57	Lewis Paterson	11	10.17	10.17	Roy Taylor	5	8.45	19.02	Blair Milne	4	8.28	27.30	MRR
61	Lewis MacLean	5	10.00	10.00	Charlie Morrison	6	9.05	19.05	David Morrison	5	8.28	27.33	SRAC
54	Ben Webster	4	9.36	9.36	Ben Sharpe	4	9.13	18.49	Gordon Manson	6	8.56	27.45	IHAAC
59	Zak Fearn	6	10.01	10.01	Hamish Whiteside	8	9.15	19.16	Alex Ellen	7	8.57	28.13	RCAC
62	Finlay MacLeod	8	10.07	10.07	Iain Matheson	11	10.14	20.21	Sam Greenslade	8	9.04	29.25	SRAC
60	Douglas MacLennan	12	10.04	10.04	Taylor Donovan	10	10.15	20.19	Ruaridh Ellen	9	10.38	30.57	RCAC
56	Rhys Cantlie	10	10.12	10.12	Liam Paterson	12	12.24	22.36	Joshua Milne	10	9.05	31.41	MRR
63	Jordan Nicolson	9	10.10	10.10	Daniel Stewart	7	9.04	19.14					SRAC - NC
51	Michael Bishenden	12	10.21	10.21	Bruce Evans	9	9.42	20.03	Ewan Martin (NC Runner)	NC	10.12	30.15	FH - NC

YOUNG MALES

1 Inverness Harriers (Jake Henderson, Euan Rollo, Luke Davidson)	25.47
2 Inverness Harriers (Sam Burnett, Duncan MacDonald, Angus Smith)	26.16
3 Ross County (Sam Coull, Fergus Whiteside, Danny McPake)	26.48

Fastest laps:			
1	Luke Davidson	IHAAC	8.08
2	Blair Milne / David Morrison	MRR / SRAC	8.28
3	Angus Smith	IHAAC	8.31

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2018 - SEN/JUN WOMENS TEAM RESULTS													
Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
6	Gemma Cormack	1	15.11	15.11	Amy Hudson	1	15.49	31.00	Kirsty Watson	1	16.59	47.59	IHAAC
12	Iona Craft	5	16.28	16.28	Justine Blaszk	3	17.02	33.30	Grace Whelan	2	15.33	49.03	MRR
4	Rhona Grant	6	16.47	16.47	Morven Mackenzie	2	16.14	33.01	Phillipa Gullett	3	16.52	49.53	HHR
1	Moirra Davie	4	16.17	16.17	Frances Britain	5	17.44	34.01	Hillary Cameron	4	17.13	51.14	FH
9	Tammy Wilson	2	15.52	15.52	Julie Hoyle	4	17.43	33.35	Kay Davies	5	18.13	51.48	JSK
3 (M)	Dagmar Borrowman	10	18.25	18.25	Mari Todd	8	18.53	37.18	Karen Lyons	6	16.04	53.22	HHR
7 (M)	Heather Gardiner	8	17.53	17.53	Roma Shepherd	7	18.14	36.07	Alison Wilson	7	17.38	53.45	IHAAC
5	Lana Buchheim	7	17.48	17.48	Jane Pottie	9	20.33	38.21	Anna MacArthur	8	17.54	56.15	HHR
17 (M)	Lorraine Coull	11	18.57	18.57	Joanna Ellen	10	19.37	38.34	Kate Whiteside	9	18.34	57.08	RCAC
16	Vikki Thompson	3	16.07	16.07	Alison Heggie	6	18.53	35.00	Melanie Carson	10	22.23	57.23	RCAC
13 (M)	Karen Norvell	9	18.03	18.03	Elspeth Jenkins	14	23.04	40.07	Shirley Feaks	11	18.21	58.28	MRR
10	Anne Sutherland	12	19.09	19.09	Lauren Knowles	11	19.4	38.49	Abi Lyall	12	20.11	59.00	JSK
2 (M)	June McIntosh	13	19.54	19.54	Clare Nicholas	13	20.11	40.05	Ros Wright	13	19.06	59.11	FH
14 (M)	Amanda Strang	16	20.39	20.39	Yvonne Cantlie	12	19.2	39.59	Linda Smith	14	20.52	60.51	MRR
11	Elaine Walker	15	20.30	20.30	Jill Pirie	15	23.3	44.00	Rachel Paterson	15	18.21	62.21	JSK
15	Nia Bernal	17	23.00	23.00	Mel Hayes	16	21.21	44.21					NHH - NC
18	Sophie Graham	14	20.07	20.07									SRAC - NC

SENIOR WOMEN

- 1 Inverness Harriers (Gemma Cormack, Amy Hudson, Kirsty Watson)
- 2 Moray Road Runners (Iona Craft, Justine Blaszk, Grace Whelan)
- 3 Highland Hill Runners (Rhona Grant, Morven MacKenzie, Philippa Gullett)

MASTERS WOMEN

- 1 Highland Hill Runners (Dagmar Borrowman, Mari Todd, Karen Lyons)
- 2 Inverness Harriers (Heather Gardiner, Roma Shepherd, Alison Wilson)
- 3 Ross County AC (Lorraine Coull, Joanna Ellen, Kate Whiteside)

Fastest laps:			
47.59	1	Gemma Cormack	IHAAC
49.03	2	Grace Whelan	MRR
49.53	3	Amy Hudson	IHAAC

53.22
53.45
57.08

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2018 - SEN/JUN MENS TEAM RESULTS																		
Team No.	1st Runner				2nd Runner				3rd Runner				4th Runner					
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Club	
27	Michael O'Donnell	2	13.05	13.05	Luke Williams	2	13.57	27.02	Stephen MacKay		1	13.04	40.06	Donnie MacDonald	1	12.54	53.00	IHAAC
34	Gareth Jenkins	5	13.46	13.46	James Wilson	1	12.55	26.41	Paul Taylor	2	13.47	40.28	Ewan Davidson	2	12.51	53.19	MRR	
19	Eoghann Gollan	3	13.13	13.13	John Forbes	8	15.5	29.03	Ruairidh Gollan	4	13.27	42.30	Finlay Murray	3	13.10	55.40	ESAC	
24 (M)	Ryan MacKenzie	7	13.57	13.57	Gavin Whiteside	4	14.29	28.26	Wullie Nicolson	NR	14.15	42.41	Jack Tevelyan	4	13.57	56.38	HHR	
23	Charles Knoery	9	14.12	14.12	Stuart Forest	7	14.47	28.59	Franciso Javier Cabera Valdes	5	14.25	43.24	Jack Ward	5	14.05	57.29	HHR	
28	James Geddes	11	14.25	14.25	Stuart Gardiner	3	13.51	28.16	Findlay MacLennan	3	13.38	41.54	David Cullen	6	15.46	57.40	IHAAC	
41	Murdo MacKenzie	6	13.53	13.53	Kyle Munro	5	14.41	28.34	Jonathon Prichard	6	15.06	43.40	Michael MacMillan	7	14.19	57.59	SRAC	
31	Mark McCluskie	8	14.01	14.01	Martin Reid	6	14.51	28.52	Allan Wilson	8	15.12	44.04	Ross Barnes	8	14.14	58.18	JSK	
29 (M)	Rob Burnett	4	13.43	13.43	Graham Laing	11	16.59	30.42	Tim Cooke	10	15.16	45.58	Jonny MacLeod	9	14.11	60.19	IHAAC	
21	Jonathan Buchan	13	14.47	14.47	Shaun Walker	15	16.54	31.41	Grant Massie	13	15.09	46.50	Max Abernethy	10	13.56	60.46	FRASERBURGH	
36 (M)	Martin Bain	16	15.08	15.08	Graham Stephen	12	15.37	30.45	Andy Alexander	12	15.51	46.36	Colin Green	11	14.34	61.10	MRR	
22	Mark Brown	10	14.15	14.15	Peter Hall	10	16.02	30.17	Duncan Abernethy	14	16.37	46.54	Keith Buchan	12	14.28	61.22	FRASERBURGH	
40	Hamish Hickey	1	12.47	12.47	Robert MacLean	9	16.48	29.35	Eoin Coull	7	14.18	43.53	Peter Thompson	13	17.41	61.36	RCAC	
32	Matthew Dailey	14	14.49	14.49	Keith Cowe	13	16.03	30.52	Matthew Thompson	9	15.02	45.54	Stephen Simpson	14	15.51	61.45	JSK	
20	James Ward	15	15.06	15.06	Iain MacDonald	14	16.1	31.16	Steve Sharpe	11	15.01	46.17	Gary MacFadyen	15	17.07	63.24	FH	
25 (M)	Richard Chatburn	19	16.46	16.46	Graham Parker	18	15.51	32.37	Dougie MacDonald	15	15.43	48.20	Fraser Mackintosh	16	14.56	63.40	HHR	
38 (M)	David Spencer	17	15.40	15.40	David Orr	16	16.1	31.50	Paul Steven	16	17.53	49.43	Kevin Cormack	17	14.28	64.11	NHH	
35	Simon MacDonald	18	16.37	16.37	Euan Cantile	19	16.44	33.21	Paul Gereghty	17	18.54	52.15	Jon Ward	18	15.24	67.39	MRR	
26	Willie MacRae	NC	18.37	18.37	Craig Wallace	NC	17.35	36.12	Andy Hall	NC	16.54	53.06	Alex Sutherland	19	18.05	71.11	HHR - NC	
42	Norman Ferguson	12	14.28	14.28	Allan Morrison	17	18.02	32.30	Gerry Connolly	19	20.27	52.57	Allan MacIver	20	21.57	74.54	SRAC	
33 (M)	Eric Simpson	20	17.42	17.42	Jamie Walker	20	18.42	36.24	Greig Cruickshank	NC	17.17	53.41					JSK - NC	
NC	Graham Whyte	NC	17.34	17.34													IHAAC - NC	

SENIOR MEN

1 Inverness Harriers (Michael O'Donnell, Luke Williams, Stephen MacKay, Donnie MacDonald)	53.00
2 Moray Road Runners (Gareth Jenkins, James Wilson, Paul Taylor, Ewan Davidson)	53.19
3 East Sutherland AC (Eoghann Gollan, John Forbes, Ruairidh Gollan, Finlay Murray)	55.40

SENIOR MASTERS MEN

1 Highland Hill Runners (Ryan Mackenzie, Gavin Whiteside, Wullie Nicolson, Jack Trevalyan)	56.38
2 Inverness Harriers (Rob Burnett, Graham Laing, Tim Cooke, Jonny MacLeod)	60.19
3 Moray Road Runners (Martin Bain, Graham Stephen, Andy Alexander, Colin Green)	61.10

Fastest Lap		
1 Hamish Hickey	RCAC	12.47
2 Ewan Davidson	MRR	12.51
3 Donnie MacDonald	IHAAC	12.54